

Senior Behavioral Health Unit

GERIATRIC BEHAVIORAL HEALTH SERVICES



At OakBend Medical Center, our Senior Behavioral Health Unit was designed by experts in the geriatric field, specifically for older adults in our community that are experiencing mental, emotional or behavioral problems. Licensed Psychiatrists, Geriatricians and Medical Doctors are available 24/7 for the in-patient program. As a hospital-based program, we can accept patients who have a psychiatric diagnosis along with chronic medical conditions.

At the Senior Behavioral Health Unit, we are guided by three simple words: Compassion - Integrity - Quality. We understand seeking help for yourself or a loved one is not an easy decision. Our trained professionals are dedicated to maintaining every

patient's self-respect and dignity throughout all phases of treatment. During an average length of stay of 14 days, our goal is to meet each individual's special needs, while also providing essential resources and support for the families that love them. Our staff will focus on restoring the patient's optimal level of functioning through diagnosis and treatment of psychiatric and medical conditions, while also emphasizing patient and family education.

We believe that a patient's recovery is enhanced when his or her loved ones take part in the process, and we encourage family members to participate as much as possible in our program.

SIGNS & SYMPTOMS THAT MAY INDICATE TREATMENT:

- Depressed mood, extreme sadness or irritability
- Feeling useless, helpless, hopeless
- Personality changes over time
- Unexplained physical ailments
- Changes in eating and sleeping patterns, extreme fluctuation in weight
- Changes in energy level
- Loss of interest in appearance
- Increasing difficulty remembering ordinary things
- Excessive fears, anxieties, suspiciousness
- Confused thinking, difficulty concentrating, disorientation
- Feeling rejected by others
- Withdrawal from family, friends and others
- Hearing voices or imagining things that do not exist
- Needing more medication than should be necessary for a physical condition
- Refusal to take needed medication
- Suicidal thoughts
- Growing inability to cope with daily living

SERVICES OFFERED:

- In-patient, hospital-based program
- Professionals available for evaluation and/or on-site assessment of patient
- Step-by-step consultation through admissions process

For more information about OakBend Medical Center's Senior Behavioral Health Unit, please contact us:
(24 hours a day, 7 days a week)

Referral Hotline: 281-238-7890

Referral Fax: 281-238-7834

Unit Phone (Nurses' Desk): 281-238-7880

